



2023-
2024

www.trainforchangeinternational.com



Train for Change

partner OVERVIEW

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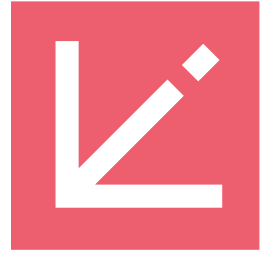


Introduction



It's our goal to empower local professionals in under-resourced communities and (post)conflict affected areas by equipping them with the skills, knowledge and tools to help them make a change in the lives of children and youth they work with. Therefore we offer trainings and help with intervention implementation in the field of Mental Health and Education. This way we uplift the community from within and help to create better opportunities and outcomes for (traumatized) children and youth at risk.

Partners 2023



TRAINED
200+
PROFESSIONALS

MORE THAN
3000
CHILDREN IMPACTED

BASED IN
4
COUNTRIES



Reflecting on our successful partnerships of 2023, we are proud to announce that, we've trained 212 professionals, and by doing so have made an impact on the lives of over 3000 children and youth across four African countries in more than 20 under-resourced communities.

Key collaborations include esteemed organizations like Little Lions, Dream Factory, GCU, Home Stead, and Lighthouse Ministry. The following pages provide detailed insights into each organization's mission, target group, and the distinctive dynamics of our collaborations.

Little lions Child coaching

Mission: Gives free mental health workshops to children in informal settlements (townships). Building resilience.

where: South Africa. Communities like Khayelithsa, langa, Mfuleni, Klapmuts.

Website:
littlelionschildcoaching.com

Target group: children aged 4 - 12 from under-resourced communities.

Impact: 1352 free workshops in 2023 and counting. Empowered over 3000 children. 18 role models are active as mental health coaches.

Our collaboration

Train for Change helped facilitate the Little Lions Academy, training 39 local role models as mental health coaches. Additionally, we helped develop their resilience intervention and provided a workshop on Trauma-sensitive care for the coaches.



partner

2023

The homestead

Mission: help street children reconstruct their lives, provide prevention and early intervention to children and families in disadvantaged communities.

where: South Africa

Website: homestead.org.za

Target group: homeless, orphaned, abused and neglected children and youth.

Impact: currently 47 children in their care, but impacting lots of children and youth in prevention and intervention as well.

Our collaboration

Train for Change trained 3 groups of of The homestead in 4 sessions of trauma-sensitive care. Over 40 Social- and child care workers participated. We are happy to provide ongoing training to the homestead in 2024.



Great Commission United (GCU)

Mission: provide the youth of Heideveld with the opportunity of a better future through providing education tools and life skills .

where: South Africa. Heideveld and surroundings

Website: gcu.org.za

Target group: from early childhood to adolescence. (2-25+ years)

Impact: offers education & sport, fostercare, youth employment and empowerment and much more. Affecting hundreds in the community.

Our collaboration

Train for Change trained 2 teams of GCU. First we trained the 7 managers and social workers. After that we trained over 30 young (under 25) sports coaches and teachers in trauma sensitive teaching and care. We look forward to ongoing collaboration!



Lighthouse Ministry

Mission: committed to children and teenagers growing up in extreme poverty and an unsafe home situation. With educational programs, meals, practical help, hostels and lots of love, they strive to offer a hopeful future.

Website: lighthouseministry.nl

Target group: children and teenagers 4- 18

where: Namibia
Rehoboth, block E

Impact: over 75 children and 25 teenagers participate in their programs daily, they also offer a place to sleep for those in need.

Our collaboration

Train for Change offered the rolemodels a 2-day training in "Teaching techniques" as most teachers weren't qualified. After that they completed a full 4 day training in trauma-sensitive care for children and teenagers. Each participant got a personal coaching sessions as well, based on observations prior and after training.



partners

2023

Bana Ba Metsi School

Mission: To provide an opportunity for youth at risk to develop understandings, skills, attitudes and personal qualities through the dignity of learning and work, in order to re-enter the formal education system and become productive members of the community.

Website: banabametsi.org

Target group: boys only - most of whom have been affected by problems which interfered with their primary level education such as HIV/AIDS, poverty, bullying and being orphaned.

Impact: yearly enrolment capacity of 50 students, with the goal to reintegrate into society

where: Botswana

Our collaboration

Train for Change offered workshops in trauma sensitive teaching to the team of Bana Ba Metsi. We trained 10 people of their dedicated staff. We helped implement with practical classroom activities and lesson plans for the team to engage and re-connect with the boys.



Dream Factory

Mission: education-focused organization providing hope, skills and meaningful opportunities to young people across Africa. They design & implement programs for in-school youth, and out-of-school youth, that meet their socio-economic needs, enabling them to participate meaningfully in society.

Website: dreamfactory.africa

Target group: Young people, 12-25 years old. Some programs have a focus on young women.

Impact: Over 500 young people a year in their own programs, + lots of youth in collaboration with schools.

where: Botswana & South Africa

Our collaboration

Train for Change trained the team of 7 in South Africa in trauma sensitive care. In Botswana we provided trauma-sensitive workshops to 70 young people, aged 13-16 to empower them in being peer-educators. We have an ongoing collaboration, soon we'll train groups in (sexual) abuse too.



Gold Youth Development

Mission: to empower peer leaders to become positive rolemodels and agents of community change. Changing the system of youth education and upbringing – enabling all young people to grow up in their communities powerfully.

Website: goldyouth.org

Target group: Adolescents at risk in under-resourced area's

Impact: active in 6 African countries - 31 297 gold Peer Educators, trained and mentored, as well as 1000's of jobs, internships and peers reached

where: South Africa, Zimbabwe, Zambia and Rwanda

Our collaboration

Train for Change the team of 5 social workers in Botswana in trauma sensitive care. In collaboration with dreamfactory above we provided trauma-sensitive workshops in Botswana to 70 youth in high schools to be peer-educators.



Pedal Project

Mission: bringing together the physically challenging activity of mountain biking, with caring mentors and therapeutic support tools. They do this to uplift and help young South Africans from disadvantaged backgrounds with their socio-emotional development.

Website: pedalproject.co.za

Target group: Vulnerable children aged 6-12 in the under-resourced communities of the Western Cape

where: Communities surrounding Cape Town

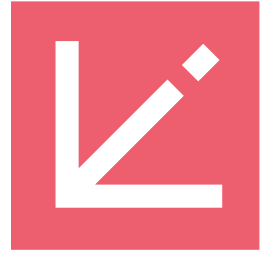
Impact: Improving both physical and mental health on a daily basis with groups of children.

Our collaboration

Train for Change provided a workshop in trauma-sensitive support the coaches of the pedal project. In the new year we will do a coaching-skills program as well as the full training in trauma-sensitive support and psychological first aid.



Partners 2024

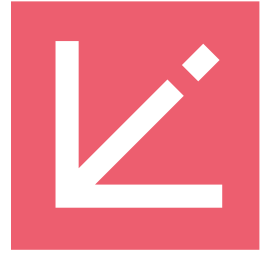


As we stand on the threshold of 2024, We are delighted to continue our **ongoing collaborations** with esteemed organizations like the above mentioned organizations: Little Lions, The Dream Factory, GCU, Pedal Project, and The Homestead. They will for example participate in follow-up trainings about trauma, (sexual) child abuse, teaching skills and child protection policies.

In the pages below we will outline some of our **new confirmed partnerships** for the first quarter of 2024. Our partnerships will not be limited to these, and we are hopeful to build plenty meaningful new and ongoing partnerships with local schools and NGO's across the global south throughout 2024.

Our goal for 2024 is ambitious yet heartfelt—to train over 500 professionals, impacting the lives of over 7500 children and youth at risk. We envision achieving this with the support of a dedicated local team, fostering opportunities for young changemakers to contribute meaningfully to our shared mission.

Partners 2024



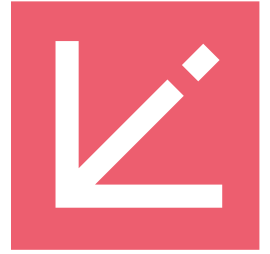
Confirmed new partnerships for the first quarter of 2024:

Ikhaya le Themba: In the community of Izamu Yethu in Houtbay we will be training the staff (+- 20) of Ikhaya le Themba in a practical “teaching skills” training, as well as a full training in Trauma sensitive Teaching. They serve 135 vulnerable children of this community everyday. —————> ikhaya lethemba.org.za

School of Hope: We will train the 20 teachers of School of Hope in Observatory, Cape Town in trauma-sensitive teaching. They provide a second chance to vulnerable young people who would not otherwise have the opportunity to complete their schooling.

—————> hope.org.za

Partners 2024

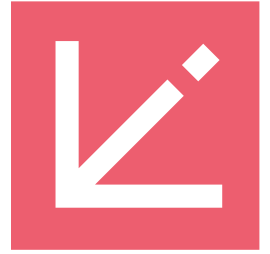


Confirmed new partnerships for the first quarter of 2024:

Salesian youth: Salesian Institute Youth Projects works in youth education and skills development, changing the lives of vulnerable children and youth-at-risk in and around Cape Town, South Africa. Offering support, life skills, and vocational training since 1910y everyday. We will train their team +- 25 in trauma sensitive teaching and build a ongoing partnership —————→ salesianyouth.org

Ukhanyo foundation: Ukhanyo Foundation provides a 'second-chance' multi-faceted support programme to learners from disadvantaged backgrounds who have been unsuccessful in their matric examinations. We will train the dedicated team in trauma sensitive teaching. —————→ ukhanyofoundation.org

Partners 2024

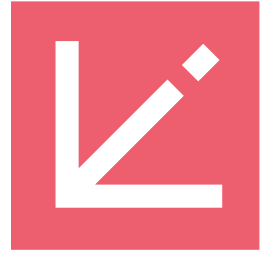


Potential new partnerships:

We are far in the process of exploring the possibilities to collaborate with the following organizations that make meaningful impact at vulnerable children and youth in under-resourced areas:

- Jerry bobi development projects (South Africa)
- Sakha Sonke - Spring stars football club
- Sesikhona community development
- Community Keepers and their partnering schools in and around Cape Town
- The Healthy Mom and Baby clinic in Jeffrey's Bay
- Tereo Project School South Africa
- Pedal Project South Africa

Partners 2024

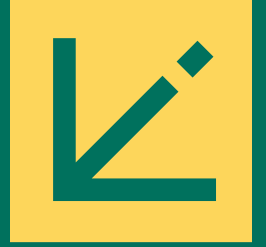


Potential new partnerships:

- Pebbles Project South Africa
- Vulamasango South Africa
- Home from Home South Africa
- Ghana Education Outcomes Project
- Yabonga South Africa
- John Fisher Institute Uganda
- Ceci Uganda
- pebbles project South Africa

Keep an eye on our website and social media channels to keep up with our collaborations and efforts with the amazing teams we have the privilege of working with!

Thank You Very Much



GET IN TOUCH

 +31681901878 (NL) or +27845875082

 Cape Town, South Africa

 info@trainforchangeinternational.com

 www.trainforchangeinternational.com

